



ELMCROFT OF LITTLE AVENUE

Assisted Living & Memory Care
7745 Little Avenue • Charlotte, NC 28226
Phone 704-541-9333 • www.ElmcroftAL.com



Hannelore Woolsey was born in Hanau, West Germany, near Frankfurt on Jan. 25, 1935. She continued to live in Hanau during the war and she remembers fleeing to a bomb shelter at the age of 9 when their house was bombed and destroyed on 3/19/44. They moved in with relatives for the remainder of the war. Her maiden name was Hannelore Inge Aull, (pronounced “Owl”, which explains her collection of owls over the years!) She has two brothers, still living near Hanau. Her one sister passed away last year.

Hannelore met Nathan Woolsey, an American GI, in Hanau in 1957. They later married and raised five children together, two daughters and three sons. He remained in the U.S. Army, during which time they lived in Germany (for three separate tours of duty during 1958–1976), Oklahoma, Colorado, Texas, Hawaii (during two tours of duty in Vietnam, during which he earned a Purple Heart and two bronze stars), and finally in central Illinois where Nathan was an Army advisor to the Illinois National Guard. He retired then from the military and they settled in Sullivan, Illinois, where the three youngest children, the boys, all graduated from high school. During that time, Hannelore worked at miscellaneous jobs such as at the local hardware store, and she was the bookkeeper for a gasoline/service station that they owned for several years.

Hannelore suffered a stroke in 2003, and Nathan was diagnosed with cancer later that year. He passed away in 2005 and was interred at Arlington National Cemetery with full military honors. In the fall of 2005 she came to Elmcroft to live closer to her oldest son, Barry, and his family. She has five children, 9 grandchildren, and a 1-year-old great-grandson. She spends most of her time playing computer games and she loves to read, especially Western novels by Louis L’Amour and the “Left Behind” series. She can be seen zipping around the halls of Elmcroft in her motorized wheelchair!

Memorial Day Flag Ceremony



Patricia, MD and Army veteran, slowly raises the American flag.



Patricia and Bob Dycus, WWII veteran, fold the old flag in preparation for display in our library.



Tina Rippey, RD, Kathy Winter, RDO, look proudly at Mr. Dycus’ WWII memory notebook.

Employee Spotlight



Amanda Kocienski

Amanda was born in Suffern, NY, but was raised in Ocala, FL, where she graduated from high school in 1995. She then moved to Tampa and graduated with a bachelor's degree in mass communications/public relations from the University of South Florida in 2001. Her first "real" job, outside of waiting tables and bar tending, was a marketing director for a small family owned home health care company in 2004. It was through this position she was introduced and fell in love with the health care industry.

Amanda has worked as the community relations director at Elmcroft for over two years, and is passionate about and fully understands the importance of community involvement and outreach.

On a personal note, Amanda grew up on a small farm, where she enjoyed milking the cows and swimming in the lake. She loved the outdoors as a child and continues her love for the outdoors today through hiking, camping and being a member of the Charlotte Outdoors Club.

Tina's Tidbits

I Hear America Singing by Walt Whitman (from *Leaves of Grass*, 1900)

I hear America singing, the varied
carols I hear;

Those of mechanics—each one
singing his, as it should be, blithe
and strong;

The carpenter singing his, as he
measures his plank or beam,
The mason singing his, as he makes
ready for work, or leaves off work;
The boatman singing what belongs
to him in his boat—the deckhand
singing on the steamboat deck;
The shoemaker singing as he sits on
his bench—the hatter singing as
he stands;

The wood-cutter's song—the
ploughboy's, on his way in the
morning, or at the noon
intermission, or at sundown;

The delicious singing of the
mother—or of the young wife at
work—or of the girl sewing or
washing—

Each singing what belongs to her,
and to none else;

The day what belongs to the day—
At night, the party of young fellows,
robust, friendly,

Singing, with open mouths, their
strong melodious songs

**I wish everyone a safe and
happy Fourth of July!**

Positive Thought

"Learning to live in the present
moment is part of the path of joy."
—Sarah Ban Breathnach



July Is UV Safety Month: Take Care of Your Eyes

1. During July, UV Safety Month, the American Academy of Ophthalmology and eye M.D.s around the country encourage everyone to protect their eyes from UV-related damage.

- The same UV-A and UV-B rays that can damage your skin can harm your eyes as well. When you protect yourself from the sun, don't just think sunscreen—think sunglasses and a wide brimmed hat.
- Excessive, prolonged UV exposure may be linked to the development of eye conditions such as cataracts and age-related macular degeneration.
- Extensive or intense exposure to UV rays can cause “sunburn” on the surface of your eye. Similar to a skin sunburn, eye surface burns usually disappear within a couple of days, but may lead to further complications later in life, so protect your eyes.

2. To protect your eyes, wear a brimmed hat and the right kind of sunglasses when you are going to be exposed to UV light.

- Wear sunglasses that block 99 to 100 percent of UV-A and UV-B rays.

- If you spend time on the water or in the snow, consider purchasing goggles or sunglasses that wrap around your temples because they block the sun's rays from entering on the sides, offering better protection.
- Remember sunglasses don't have to be expensive to offer the right kind of UV protection. Even inexpensive glasses can protect your eyes if they offer 99 to 100 percent UV-A and UV-B protection.
- Don't forget the kids. Protect their eyes with hats and sunglasses. In addition, try to keep children out of the sun between 10 a.m. and 2 p.m. when the sun's ultraviolet rays are the strongest.

3. It's important to protect your eyes when UV light is most intense.

- Generally, UV light is at the greatest level at midday (10 a.m. to 2 p.m.), but you need to protect your eyes whenever you're outside for a prolonged period, even when it's gray and overcast.
- Reflected sunlight off water, snow and pavement can be the most dangerous type of UV light because it is intensified.
- Your eyes can be harmed by UV light sources other than the sun, such as welding lamps or tanning lights. So remember to wear eye protection when using these sources of invisible, high energy UV rays.

Do you love jewelry? Do you know someone who does? Please join us as we host our first Lia Sophia Jewelry Party!! It's a great time to have a party because the July specials are one of the best! It is buy one, get TWO at HALF PRICE! Make your highest priced items 1/2 off!

Plus, many of the pieces are retiring at the end of July so it will be the last chance to purchase some of the great jewelry. You can get a sneak peek of Lia Sophia's jewelry by visiting the website at www.liasophia.com.

Join us on Thursday, July 8, at 3 p.m. for the Lia Sophia Jewelry Party!! Everyone is welcome to come, and please bring a friend!

Contact Amanda for more information.



Resident Birthdays
Happy Birthday!!

7/7 Carl McCombs

7/13 Sophie DeRosa

7/24 Frances Vidali



Spacious Skies and Amber Waves of Grain

“America, the Beautiful” first appeared in print on July 4, 1895.

Our Mission

Senior Care is dedicated to enriching the lives of the individuals who live and work with us by responding to their unique needs and universal desire for dignity and respect.

Staff Directory

Tina Rippy	RD
Carol Noonan (interim)	HCD
Amanda Kocienski	CRD
Elvin Cutler	DSD
Patricia Isenberg	MD
Nicci Little	BOC
Felice Shannon	RCC
Wendy Weaver	HLD
Wendy Weaver (interim)	HVL

The Word of the Month is

Peace

Calmness and tranquility
of mind and heart.
All deadlines met;
no job pressures.

Elmcraft is managed by Senior Care, Inc.
Comments and suggestions are always welcome.
To contact Kathy Winter, Regional Director of Operations,
you may call 770-823-0683 or email kwinter@seniorcare-corp.com



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