



ELMCROFT OF LITTLE AVENUE

Assisted Living & Memory Care

7745 Little Avenue • Charlotte, NC 28226

Phone 704-541-9333 • www.elmcroftal.com



Sophie DeRosa with friend and caregiver Vernell

Resident Spotlight

Sophie was born in Chicago, Illinois, on July 13, 1922. She has one sister, Sandy, who lives in Florida. Sophie was married to her husband, Rocco, for 24 years, before he died suddenly from a heart attack on Sept. 28, 1971.

Sophie has two children, Roxanne and Paul. Roxanne and her husband, Jim, live in Charlotte while Paul and his wife, Cindy, live in Chicago. She also has five grandchildren; Jimmy, Taryn, Joseph, Daniel and Michael. Sophie is very excited about her first great-grandchild due in December.

Sophie was a homemaker for many years. She worked part-time as a bus aid for children with special needs. She also worked in Central Supply for St. Ann's Hospital in Chicago. Sophie worked until the age of 80 in a neighborhood school lunchroom. She enjoyed cooking and taking care of her family.

Sophie moved to Charlotte four years ago and resided at Atria Merrywood. After two years at Atria, she made Elmcroft home. Sophie has a great sense of humor and enjoys many activities. She loves Bingo (she is currently saving her Bingo winnings to buy a gift for her first great-grandchild), scenic rides, trips to Pineville Park and St. Matthews' prayer service. Sophie looks forward to daily visits from her daughter, Roxanne, and Thursday afternoons when her friend and caregiver Vernell is with her. She is always so gracious; never failing to tell staff thank you for helping her.

Sophie is a delightful lady, and we are so glad to have her as part of our Elmcroft family.

Looking to Summer Time



Bob and Ann breaking ground on our courtyard garden



Sophie and daughter, Roxanne, enjoy Babe Ruth Day with Patricia (MD)



Phyllis tries her luck at the ball toss bullseye

First Day of Summer Is June 21!

Employee Spotlight



Jasmine Laguerre

Jasmine was born in Port-au-Prince, Haiti. She and her family moved to Florida in 1995. Jasmine then moved to Charlotte in 2008. She has two brothers and one sister who along with her mother still reside in Florida.

Jasmine has two children; Yazmine, 7, and Jonathan, 5. In her spare time, Jasmine enjoys listening to her “jam,” which consists of R&B, rap and reggae. She occasionally enjoys reading and loves to shop!

Jasmine joined our Elmcroft team in November 2008 as a CNA. Jasmine says, “I like the residents. They make me laugh.” Along with her daily caregiving responsibilities, she also enjoys leading activities and having fun with the residents.

It is truly a blessing to have Jasmine taking care of our residents. We appreciate her dedication to them and Elmcroft.

Tina's Tidbits

Celebrating Father's Day

Father's Day is a celebration inaugurated in the early 20th century to complement Mother's Day in celebrating fatherhood and male parenting. It is also celebrated to honor and commemorate our fathers and forefathers. Father's Day is celebrated on a variety of dates worldwide and typically involves gift-giving, special dinners to fathers, and family-oriented activities. The first observance of Father's Day is believed to have been held on June 19, 1910, through the efforts of Sonora Dodd. Ms. Dodd is from Spokane, Washington.

Sonora Smart Dodd of Washington thought independently of the holiday one Sunday in 1909 while listening to a Mother's Day sermon at the Central Methodist Episcopal Church at Spokane. She wanted a celebration that honored fathers who were like her own father, William Smart. He was a Civil War veteran, his wife died when Sonora was 16, and he had to take care of all six children.

On June 19, 1910, she arranged a tribute for her father in Spokane. She had previously enlisted in 1909 the help of the Spokane Ministerial Association, and young members of the YMCA went to church wearing roses: a red rose to honor a living father, and a white rose to honor a deceased one. Dodd travelled through the city in a closed carriage, carrying gifts to shut-in fathers. She was the first to solicit the idea of having an official Father's Day

observance to honor all fathers.

It took many years to make the holiday official. In spite of support from the YWCA, the YMCA and churches, it ran the risk of disappearing from the calendar. Where Mother's Day was met with enthusiasm, Father's Day was met with laughter. The holiday was gathering attention slowly, but for the wrong reasons. It was the target of much satire, parody and derision, including jokes from the local newspaper *Spokesman-Review*.

A bill was introduced in 1913. In 1916, President Woodrow Wilson went to Spokane to speak in a Father's Day celebration and wanted to make it official, but the Congress resisted, fearing that it would be commercialized. U.S. President Calvin Coolidge recommended in 1924 that the celebration was held, and a national committee was formed in the 1930s by trade groups in order to legitimize the holiday. Other two bills to introduce the holiday were defeated. In 1957 Maine Senator Margaret Chase Smith wrote a proposal accusing the congress of ignoring fathers for 40 years while honoring mothers, thus “[singling] out just one of our own parents.” In 1966, President Lyndon Johnson made a proclamation for the third Sunday of June to be Father's Day, but it wasn't made an official national holiday until President Nixon made a proclamation in 1972.

Happy Father's Day!



June Is National Aphasia Awareness Month

Aphasia is an *acquired communication disorder that impairs a person's ability to process language, but does not affect intelligence*. Aphasia impairs the ability to speak and understand others, and most people with aphasia experience difficulty reading and writing.

What Causes Aphasia?

The *most common cause of aphasia is stroke* (about 25-40% of stroke survivors acquire aphasia). It can also result from head injury, brain tumor or other neurological causes.

How Common is Aphasia?

Aphasia affects about *one million Americans—or 1 in 250 people—*and is *more common than Parkinson's disease, cerebral palsy or muscular dystrophy*. More than 100,000 Americans acquire the disorder each year. However, *most people have never heard of it*.

Can a Person Have Aphasia Without Having a Physical Disability?

Yes, but many people with aphasia *also have weakness or paralysis of their right leg and right arm*. When a person acquires aphasia it is *usually due to damage on the left side of the brain, which controls movements on the right side of the body*.

How Do You Communicate With a Person With Aphasia?

*Give the person with aphasia *time*

to speak and do not finish the person's sentences unless asked.

*Be *sensitive to background noise* and *turn off competing sounds* such as radios or TVs where possible.

*Be *open to means of communicating other than speech*, eg., use *drawing, gesturing*.

**Confirm that you are communicating successfully*.

Does Aphasia Affect a Person's Intelligence?

NO. A person with aphasia *may have difficulty retrieving words and names, but the person's intelligence is basically intact*. Aphasia is not like Alzheimer's disease; for people with aphasia, *it is the ability to access ideas and thoughts through language—not the ideas and thoughts themselves—that is disrupted*.

But because people with aphasia have difficulty communicating, others often mistakenly assume they are mentally ill or have mental retardation.

Are All Cases of Aphasia Alike?

No. There are *many types of aphasia*. Some people have difficulty speaking while others may struggle to follow a conversation. In some people, aphasia is fairly mild and you might not notice it right away. In other cases, it can be very severe, affecting speaking, writing, reading and listening. While specific symptoms can vary greatly, what all people with aphasia have in common are difficulties in communicating.

www.aphasia.org

Community Relations

5 Mistakes of Estate Planning

Join us for “5 Mistakes of Estate Planning” seminar with Attorney Jonathan S. Frank, Thursday, June 17, from 2 to 3 p.m. R.S.V.P. by June 16.

Jonathan is one of 131 out of more than 21,000 North Carolina attorneys who is a Board Certified Specialist in Estate Planning and Probate Law. Jonathan focuses his practice on advanced issues in estate planning, probate and business continuation planning. He assists his clients in leveraging their options to maximize wealth, minimize estate taxes and other transfer fees, and maintain privacy, dignity and control throughout their lifetimes and after death.

We look forward to seeing you at the seminar.

Amanda Kocienski, CRD



Happy Birthday

Eleanor Atkins	6/7
Ella Mae Lowder	6/21
Nell Taylor	6/22
Catherine Warner	6/25
Nell Clark	6/26
Jack Francis	6/26

Our Mission

Senior Care is dedicated to enriching the lives of the individuals who live and work with us by responding to their unique needs and universal desire for dignity and respect.

Staff Directory

Tina Rippy	RD
Carol Noonan (interim)	HCD
Amanda Kocienski	CRD
Elvin Cutler	DSD
Patricia Isenberg	MD
Nicci Little	BOC
Felice Shannon	RCC
Wendy Weaver	HLD
Wendy Weaver (interim)	HVL

The Word of the Month is

Responsible

Do what you are supposed to do.

Always do your best.

Be disciplined.

Think before you act; consider the consequences.

Be accountable for your choices.

Elmcroft is managed by Senior Care, Inc.

Comments and suggestions are always welcome.

To contact Kathy Winter, Regional Director of Operations, you may call 770-823-0683 or email kwinter@seniorcare-corp.com



ELMCROFT OF LITTLE AVENUE

Assisted Living & Memory Care

7745 Little Avenue • Charlotte, NC 28226

Phone 704-541-9333 • www.elmcroftal.com