



ELMCROFT OF LITTLE AVENUE

Assisted Living & Memory Care
7745 Little Avenue • Charlotte, NC 28226
Phone 704-541-9333 • www.ElmcroftAL.com

Resident Spotlight



Ed Wright

Ed Wright was born in Charlotte on June 2, 1922. He lived most of his life on Kenilworth Avenue where he formed life-long friendships. He attended Central High School, class of 1941. In early 1942, Ed enlisted in the Navy where he served as a signalman, an assistant to the quartermaster and a helmsman on the captain's bridge of the destroyer USS

Renshaw, which saw action in the Pacific. In late 1945, the Navy approved his promotion to chief petty officer with the stipulation that he re-enlist. However, he was engaged to Sybil, "the prettiest peach in Georgia," and his father needed him to help with the family business, so he chose to be honorably discharged in December 1945 with the rank of petty officer 1st class.

Ed worked all his life in the family business, Wright Cleaning Company, which his father founded in 1920. Ed was the president of the company, which he closed in 1995 when he decided to retire after the death of his wife, who was an integral part of the business.

He earned his commercial pilot's license for single- and twin-engine planes and flew for his personal pleasure. Ed was a master mason in the Joppa Lodge #530 AF & AM and was a member of the Red Fez Club where he and his family enjoyed swimming and boating.

After his retirement, he traveled with his three sisters, and attended several reunions of shipmates who served aboard the USS Renshaw. Ed was very active in the Marion Diehl Senior Center on Tyvola Road where he developed many friendships. When he can, he attends First United Methodist Church, where he is a lifelong member. Ed is proud of his three children and two granddaughters, and he enjoys their visits. He also enjoys his life at Elmcroft and the new friends he has met and will continue to meet.



Elizabeth and Joe enjoying a warm afternoon



Florence painting



Paul Maher painting

Employee Spotlight



My name is Korto Nimmo and I was born in Liberia, West Africa. I am the middle child of three and have lived in America for 18 years. I am also the mother of a very handsome young 10-year-old man whose name is DeAndre. I love being a mom. Love the life and all the challenges that come with being a mother.

I enjoy cooking, dancing, mingling with my friends, meeting new people, and talking with my friends and family in Africa.

My lifelong goal is to become an anesthesiologist. I have worked in the nursing industry since 1999 and believe this is where I belong. Elmcroft is a great place to work. The residents and their families have become family. I enjoy taking care of people, and love working in memory care.

Korto is a very hard worker and always has a smile on her face. We at Elmcroft are very blessed to have her.

Suzu Delaney, SDC

Tina's Tidbits

Spring is finally here. April is a month bursting with vitality and preparation for the summer months of growth. Keeping that in mind, Elmcroft launched its very own Vitality Club several months ago. You may have noticed the signs in our hallways, but the Vitality Club is all about connecting Elmcroft staff with our residents. Everyone is encouraged to get involved. We want you to share your hobbies, interests, and talents, as well as learn new skills through events and activities. Since the Vitality Club has become a part of our activities program, we have scrapbooked, sung, played rummy, cooked, shared our pets and held academic readings and lectures. However, I believe we have only just touched the tip of the iceberg. My suspicion is that there are many other talents that have yet to bloom in our community. For the staff, if you are a little shy, you can create an activity with one of your coworkers. This is an opportunity for the Elmcroft community to pull together, use some creativity, and reach out to our residents. Our residents have so much to share, but so do we as staff members.

This month seems to be about the letter "V" because not only does the Vitality Club play a large role in our doings but so does our wonderful troupe of volunteers. We want to thank them for all the wonderful activities they aid and often times run for us. Several share their dogs: Bella, Princess, Oscar

and Buddy; we have Bob who comes in with Trivia and Bingo on Tuesdays; volleyball team comes in to play the Wii; many students from Charlotte Catholic to help with various activities, etc. ... There are many that have not been mentioned, but to each and every one of our volunteers we would like an opportunity to show our appreciation. Elmcroft is hosting an appreciation luncheon on April 14 in the activity room from 10 a.m. to noon to honor our volunteers' selfless service to our community. At this time, I would like to thank Carol Offi and Tara Benson as well as their team for continuing to bring stimulating and creative activities to our community every day. I also want to thank Carol Creger for her ongoing activities during the weekends. Last but not certainly not least, I'd like to thank our resident ambassadors who make sure that each new resident is welcomed and has opportunities to participate in the activities at Little Ave. It is a joy to watch how we all interact with each other bringing that vital sense of community into the building we all call home.



Join the Club! The Vitality Club!

At Elmcroft, we believe lifestyle has everything to do with health; therefore, we create an environment that encourages and supports healthy living while honoring and respecting each individual. The Vitality Club wellness program focuses on six areas of life: physical, social, cognitive, emotional, spiritual and leisure. Each month we will experience various "Ports of Call," incorporating cultural activities and the culinary delights of exotic locations around the world. Life happens here, so join the Vitality Club, one of the many ways Elmcroft makes a difference in the lives of our residents.



Life Happens Here

Easy Way to Cut Calories

To save more than 200 calories on your sandwich, ditch the slice of cheese and trade the mayonnaise for naturally low-calorie mustard.



April Birthdays

4-7 Martha Hill
4-7 Robert Stack
4-11 Pearl "BeBe" Fuller
4-19 Liz Pearce

Pet Peeves: Easter Lilies, Bunnies and Baskets

The Humane Society of the United States has several Easter-time reminders for pet owners. Easter lilies are extremely poisonous, especially to cats. The shredded plastics often used in baskets can become entangled around an animal's intestines if ingested; keep it off the floor and out of reach. All chocolate is toxic to both cats and dogs; be sure that candy is put away. Lastly, resist the temptation to bring home a chick, bunny or duck. These may seem cute and seasonal, but they require just as much dedication and money as traditional household pets.



Volunteer Appreciation

April is Volunteer Appreciation Month. We are planning to express our appreciation to our faithful volunteers, on April 14, at 10 a.m.

We thank each of you for all you do.

Join Sheila Black, LCSW, with Senior Health Connections as she talks about "What to Expect When Moving into an Assisted Living Community." Whether you are considering placement, or already have a loved one in a community, join us as we discuss the emotional and physical transition of moving into an Assisted Living Community, Thursday, April 7, from 3 to 4 p.m.

Amanda Kocienski
Community Relations

Director



Talk About It: Spring Fever

Use this discussion topic to reminisce about your past. Talk with your friends about your memories and learn how everyone's experiences were similar or different.

- What is your favorite springtime memory?
- Did you or your family plant a garden in the spring?
- Do you have a favorite spring flower?
- How did your family spend spring break from school? Did you ever go on a spring break trip?
- Do you enjoy rain? What about thunderstorms?
- Is there anything you don't like about the return of warmer weather?



ELMCROFT OF LITTLE AVENUE

Assisted Living & Memory Care
7745 Little Avenue • Charlotte, NC 28226
Phone 704-541-9333 • www.ElmcroftAL.com

Our Mission

Senior Care is dedicated to enriching the lives of the individuals who live and work with us by responding to their unique needs and universal desire for dignity and respect.

Elmcroft is managed by Senior Care, Inc.
Comments and suggestions are always welcome.
To contact Kathy Winter, Regional Director of Operations,
you may call 770-823-0683 or email kwinter@seniorcare-corp.com

Tina Rippy	RD
Flo Puckett	HCD
Amanda Kocienski	CRD
Elvin Cutler	DSD
Patricia Isenberg	MD
Suzy Delaney	SDC
Carol Offi	HLD
Tara Benson	HVL
Nicci Little	BOC

Bright Idea

Several times each year, check the batteries in your emergency flashlights and radio. During severe weather, you won't want to search for replacements.

Trustworthy

Be honest.
Don't deceive, cheat or steal.
Be reliable; do what you say you'll do.
Have the courage to do the right thing.
Build a good reputation.
Be loyal; stand by your family, friends and country.



Soft Is Best

Dentists recommend toothbrushes with soft bristles. Brushes with medium and hard bristles scrub away essential tooth enamel and gum tissue.