



## ELMCROFT OF MARTINEZ

Assisted Living & Memory Care  
515 The Pass • Martinez, GA 30907  
Phone 706-855-6565 • [www.ElmcroftAL.com](http://www.ElmcroftAL.com)



### *Harry Bartles*

Harry Bartles was born in North Carolina on June 9, 1927. He is one of the nine children born to Ila and Tom Bartles. He moved to Columbia County, Georgia, in 1934 and said he has seen the area grow from a small farming community to a much more suburban community. He remembers the joining of Belair Road into Grovetown and what a big deal that was. Harry is a veteran, having served in the Coast Guard during WWII. Upon his return from the war, Harry worked for the Seaboard Coastline Railroad as a railroad engineer for 36 years and retired in 1983.

Harry married the love of his life, Lora Beth Bartles, 61 happy years ago. They had one son together, Phil Bartles, and a grandson, Rex, who attends Georgia Southern College. Harry is a member of Warren Baptist Church, Martinez Masonic Lodge and The Scottish Rite.

Gardening has always been one of Harry's favorite hobbies. Don't be surprised if you see him outside by the gazebo planting flowers this summer!



### *Talk Topic: How Does Your Garden Grow?*

Use this discussion topic to reminisce about your past. Talk with friends about your memories and learn how everyone's experiences were similar or different.

- Did you ever grow a flower or vegetable garden? What about a victory garden?
- Do you have a "green thumb?"
- What are your favorite flowers, fruits and vegetables to grow?
- Do you have any "secret" tips to share for a bountiful crop?



### *We All Scream for Ice Cream*

It's summertime, and it's HOT! To help everyone keep cool this month, we're having an ICE CREAM SOCIAL on July 13 from 2 to 4 p.m. Come join us! Everyone is invited!!



# You've Been Spotted!



Mr. Bogart sits close to the arch that led the way into the fiesta!



Ruth Warren enjoys her margarita!



DeeDee, Diane and Tammy join in the party.



Ellen Raab, Vada Madray and Kathleen Roberson enjoy lunch together.

## Employee Spotlight



### Toni Kelly

Toni was born Jan. 24 to the Rev. Willie Lee and Alma Taylor in Brooklyn, NY. She grew up with her three sisters and two brothers in a Christian home. Her parents instilled a good work ethic through teaching their children to serve others by doing for them and giving to them, to live by example and to treat others as you would want yourself to be treated. Toni says that both parents were very good role models, but it was her mother who played the role of the disciplinarian in the family, although she had a comedic side to her as well.

Toni's mother worked as a nurse in various hospitals as well as working as a private duty caregiver. Toni would sometimes go to work with her mother and watch her care for others. It is the passion and nurturing spirit she saw in her mother that inspired Toni to want to become a caregiver herself. She started as a teenager by volunteering to help the seniors and disabled in her church as well as her community, and various outreach programs.

### Toni Kelly, Continued

Toni moved to Augusta in December 1974 and in March 1990 earned her certification as a nursing assistant at the Atlantic Career Institute. After graduation, she continued her journey of serving others by working as a CNA in various hospitals and assisted-living communities.

Toni has three daughters, Stephanie, Donna and Saundra, and 13 grandchildren. In her spare time, she enjoys spending quality time with her family, cooking, reading and working at her church. Her favorite mottos are "Live by example," "We make choices," and "Don't look down on anyone, unless you're lifting them up."

Toni says: "I thoroughly enjoy and love what I've been put on this earth to accomplish. To my Elmcroft family—I love you guys!"

Toni, we love you also! We are so happy to have you as part of the Elmcroft family. Thank you for always bringing your heart to work!



### Happy Birthday to These Residents

4th	Louise Partridge
10th	Mary Martin
13th	Austin Ziegler
28th	Annie Roberson



## Tips for Traveling With a Loved One Who Suffers From Dementia

Traveling can be stressful. Planning the logistics, navigating traffic if you're driving (security if you're flying) and making stopovers in unfamiliar places can give even the most detail-oriented individual a headache. Those challenges are further compounded when you're traveling with a loved one who suffers from dementia. As a caregiver, you have to give extra thought to your travel plans to minimize the stress and discomfort to your loved one.

*Stick to your routine as much as possible.* Stop for meals or snacks when you normally would, and try to eat the same things you would any other day. Bring along familiar items to comfort your loved one in unfamiliar surroundings.

*Allocate more time than you need.* Giving yourself ample time allows you to stay calm and gives you the emotional stability to comfort your loved one.

*Carry your important items with you,* such as copies of prescriptions, medications, identification, information about your loved one's condition and contact information for medical facilities in the areas you're visiting. Anything with important information you might need should never be packed in luggage where it isn't accessible.

*Be sure to have an ID card.* Make sure your loved one is carrying an ID that clearly indicates his or her cognitive difficulties.

## Please Welcome

Annie Roberson to our Elmcroft family!



## Happy Birthday, America!

It's the party of the year! All across the country, in every city and small town, people are celebrating with parties, fun and community get-togethers. Celebrate your liberty! Display the flag; wear red, white and blue; sing patriotic songs. However you spend the day, just make sure you have some fun!

## Word for the Month: Soak

During lazy, sultry days, many of us don't mind what Merriam-Webster's dictionary describes as "becoming saturated by" our favorite things. Whether you spend your summer days "soaking" up the sun or "soaking" in the cooling waters of a pool or other body of water, one thing is certain: summer's balmy weather and carefree days allow our thoughts to drift away and truly "soak" in some much-needed relaxation.

## The Boob Tube Is Born

The National Broadcasting Company (NBC) began the first scheduled television broadcast July 1, 1941, from the Empire State Building.

# From Becky's Desk

## Second Wind Dream Update

I hope everyone is enjoying the summer so far. The heat is on here in Augusta, but we don't let that bother us. Here at Elmcroft, dreams continue to come true. I am sure all of you remember Sydney White's dream to have a sock hop, and we didn't stop there! Ms. Pat Costen had her dream come true when she, and all of her friends in our Heartland Village, went bowling! Pat has always loved sports, and bowling was something she loved to do. She spent the entire afternoon at the bowling alley, enjoyed a wonderful lunch and had a great time knocking down those pins! Another wish was granted when Helen Oscar got all dressed up in her new outfit and spent the afternoon at The Ballroom Dance Studio. One of her favorite songs is "The Tennessee Waltz," and although she and her husband were not much into dancing, Ms. Oscar loved to watch the waltz being performed. She sat, with tiara in place, like a queen while in awe of the dancers. The smile on her face was priceless.

We have all been very moved by the granting of these Second Wind Dreams, and cannot wait till the next dream is fulfilled!

## Positive Thought

"Learning to live in the present moment is part of the path of joy."  
—Sarah Ban Breathnach

## Our Mission

Senior Care is dedicated to enriching the lives of the individuals who live and work with us by responding to their unique needs and universal desire for dignity and respect.

### Staff of Directors

Becky Waller

*Residence Director*

Brenda Garcia, LPN

*Health Care Director*

Jeremie Freck

*Community Relations Director*

Laura Brown

*Business Office Coordinator*

Shela Bentley

*Heartland Village Leader*

David Parham

*Maintenance Director*

Holley Howard

*Healthy Lifestyles Director*

Andrea Rickerson

*Dining Service Director*

### The Word of the Month is

## Peace

Calmness and tranquility  
of mind and heart.  
All deadlines met;  
no job pressures.

Elmcroft is managed by Senior Care, Inc.  
Comments and suggestions are always welcome.  
To contact Kathy Winter, Regional Director of Operations,  
you may call 770-823-0683 or email [kwinter@seniorcare-corp.com](mailto:kwinter@seniorcare-corp.com)



### ELMCROFT OF MARTINEZ

*Assisted Living & Memory Care*

515 The Pass • Martinez, GA 30907

Phone 706-855-6565 • [www.ElmcroftAL.com](http://www.ElmcroftAL.com)