

# Volunteer Opportunities

## About Our Organization:

Elmcroft is a senior living community. By putting our hearts to work, we create a special bond with the people we serve and care for. Every associate brings with them patience, kindness and selflessness. We fulfill on a daily basis the physical, emotional and spiritual needs of our residents.

## Our Goal:

To establish outside links within the community in order to keep our residents in touch with the world around them. The volunteer program will play a vital role in fulfilling the life enriching ties of our residents to their community and to the younger generation.

## Volunteer Opportunities:

We are looking for any group(s), organizations, or individual(s) with any special talents, interest or simply the desire to help create memorable moments in the lives of seniors. Be prepared to have your life enriched by the experiences and relationships you will develop during the volunteer time you spend with the residents and the staff at Elmcroft.

If you...

- \* Carry out a pre-planned activity
- \* Play an instrument of any kind and/or have a musical talent
- \* Are involved in any singing groups—Acapulco, choirs, solo, duos, etc.
- \* Perform on stage, theatrical, or play
- \* Dance talent—tap, jazz, swing, stomp, ballet, street or formal
- \* Put on a fashion show, or a variety show
- \* Do an educational demonstration
- \* Complete a simple arts & crafts project
- \* Help with a theme event
- \* Host an interactive function at our group home
- \* Share a talent such as juggling, balancing, gymnastic, or do illusions
- \* Simply share poetry, teach sign language or a foreign language
- \* Just spend one on one time helping a resident to read or write a letter

...we are looking for you!

## How To Get Involved:

**Call Elmcroft of State College at 814-235-7675 ext. 1016 ask for Lee Fleming, Healthy Lifestyles Director** to set up an appointment to tour the building and to receive additional information on how to schedule an event or an activity. Flexible hours are available 9:00 a.m. to 9:00 p.m. days, evenings and weekends. Feel free to contact us with any ideas or suggestions you have for a volunteer project you are interested in doing. We would be happy to guide you through the steps necessary to schedule and help you format the activity or event so it is functional to the building and for the residents.

**VOLUNTEERS:** V-valuable treasures, O-outstanding in the help you lend, L-loyal in your tireless efforts, U-upbeat and full of good cheer, N-notable for your compassionate touch, T-thoughtful in ways that mean so much, E-ever prepared with a smile, E-eager to go the extra mile, R-reaching out to those in need, S-supportive in your deeds.

**THANK YOU Volunteers!**